



Your Post Surgery Follow up Appointment will be with your local optician

Following your operation today, your Surgeon has identified that you should have a follow up appointment with an Optometrist for a post-surgery examination. This appointment should be 6 weeks after your operation date and will be with a Community Optometrist at a local opticians (see overleaf) practice rather than having a further appointment in the hospital.

What you need to do now?

Please contact one of the **optician practices overleaf** in the next 7 days to make an appointment for your 6 week post operation check-up.

When making this appointment YOU MUST STATE that it is for your NHS funded cataract surgery follow up appointment or you may be charged. You also NEED to take this letter with you to your appointment or you could be charged.

What will happen at the Optician practice?

When you visit the Community Optometrist, please give them the letter. Your eyes will be checked and you will be advised if you need spectacles or your existing prescription needs to be changed. The Optometrist will ensure that your outcomes are added to your hospital record and will advise you of any further actions that are needed.

What if I need cataract surgery in my other eye?

If you meet the criteria set by your GP CCG, your Optometrist will discuss this with you and notify Exeter Newmedica directly who will contact you to arrange a date for your second eye surgery.

What happens if I need new spectacles?

If the Community Optometrist has identified that you need spectacles a full eye test would be required. This could be done at the same time as your post-operative review or at optician's practice of your choice.

There is no charge for your post-surgery review but you may need to pay for your sight test and any new glasses purchased.

What happens if I do not make this appointment?

This is an appointment following routine surgery, if you do not book or attend this appointment you will not be contacted by the hospital and your name will be removed from the waiting list.



Practice list – New Medica Exeter (November 2020)

Devon		
Andrew Laird Optometrists	01392 271158	17 St Thomas Centre, Exeter , EX4 1DG
Angus McPhie Opticians	01822 612863	7 Market Street, Tavistock , PL19 0DA
	01837 52910	26A Fore Street, Okehampton , EX20 1HB
Barton Eyecare	01626 884126	Barton Surgery, Dawlish , EX7 9QH
Bennett and Rogers	01297 35051	11 West Street, Axminster , EX13 5NU
	01297 20480	11 Fore Street, Seaton , EX12 2LE
	01395 443112	37 High Street, Budleigh , EX9 6LE
	01395 577337	Libra House, Fore Street, Sidmouth , EX10 8AJ
Bill Opticians	01626 862407	31 The Strand, Dawlish , EX7 9PT
	01392 829436	Sigford Road, Matford Park, Exeter , EX2 8NL
	01404 41626	120 High Street, Honiton , EX14 1JP
	01626 354691	13 Wolborough Street, Newton Abbot , TQ12 1JR
	01626 778244	25 Station Road, Teignmouth , TQ14 8PE
	01884 242012	5 Phoenix Lane, Tiverton , EX16 6LU
	01803 866664	43 Fore Street, Totnes , TQ9 5HN
Clive Parker Opticians	01626 832947	Fore Street, Bovey Tracey , TQ13 9AD
Eyewear Creations	01271 377055	50-51 Bear Street, Barnstaple , EX32 7DB
Honiton Eye Clinic	01404 43044	Lace Walk, Honiton , EX14 1LR
Newsome Opticians	01752 691107	8-10 Glanvilles Road, Ivybridge , PL21 9PS
	01752 881350	Market Street, Yealmpton, Devon , PL8 2EA
	01803 847722	10 Babbage Road, Totnes , TQ9 5JA
Noakes, Habermehl and Kerr Opticians	01752 772116	2 Meavy Way, Crownhill, Plymouth , PL5 3BW
	01752 345269	62 Ridgeway, Plympton, Plymouth , PL7 2AL
	01752 892185	6 Fore Street, Ivybridge , Devon, PL21 9AB
	01752 558911	8 Devonport Road, Stoke, Plymouth , PL3 4DH
Peter Tosh Opticians	01392 873612	21 High Street, Topsham, Exeter , EX3 0ED
Pullen and Symes Opticians	01392 257529	36 Longbrook Street, Exeter , EX4 6AE
	01404 814219	18 Mill Street, Ottery St Mary , EX11 1AD
Specsavers Armada Way	01752 253434	152-154 Armada Way, Plymouth , PL1 1LB
Specsavers Barnstaple	01271 373233	Gammon Lane, Barnstaple , EX31 1DJ
	01271 343664	Sainsbury's Gatton Way, Roundswell , EX31 3NH
Specsavers Bideford	01237 420042	85 High Street, Bideford , EX39 2AA
Specsavers Exeter	01392 210604	247-248 High Street, Exeter , EX4 3PZ
Specsavers Exmouth	01395 277107	8-10 Exeter Road, Exmouth , EX8 1PL
Specsavers Marsh Mills	01752 227084	Sainsbury's Marsh Mills, Plymouth Road, PL3 6RL
Specsavers Okehampton	01837 650970	17 Fore Street, Okehampton , EX20 1AN
Specsavers Paignton	01803 664606	27 Victoria Street, Paignton , TQ4 5DD



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Eye Health Clinics + Surgical Centres

Specsavers Plymstock	01752 402241	39-41 The Broadway, Plymstock , PL9 7AF
Specsavers Tavistock	01822 619910	3 West Street, Tavistock , PL19 8AD
Specsavers Teignmouth	01626 870513	4 Bank Street, Teignmouth , TQ14 8AL
Specsavers Tiverton	01884 242222	31A Gold Street, Tiverton , EX16 6QB
Specsavers Torquay	01803 213833	79-81 Union Street, Torquay , TQ1 3DG
	01803 614474	The Willows, Nicholson Road, Torquay , TQ2 7HT
Specsavers Totnes	01803 849315	9 Fore Street, Totnes , TQ9 5DA
Toye Opticians	01395 271179	34 Rolle Street, Exmouth , EX8 2SH
Vision Express Barnstaple	01271 323130	44 High Street, Barnstaple , EX31 1BZ

Cornwall		
Noakes Habermehl and Kerr Opticians	01752 847477	101 Fore Street, Saltash , Cornwall, PL12 6AE
	01579 382345	49 Fore Street, Callington , Cornwall, PL17 7AQ
Specsavers Launceston	01803 664606	11 Broad Street, Launceston , Cornwall, PL15 8AJ