

**Red Eye?  
Sore Eye?  
Visual Disturbance?**

Are you under REI?

Yes

Same Problem?

Yes

REI Appointment Overdue

No

Contact REI  
Consultant  
Secretary

No

Contact REI  
Appointments  
01752 439308

- Red eye or eyelids with no loss of vision
- Dry eye, or gritty, or itchy and uncomfortable eyes
- Mild ocular pain (scale 1-5): 1-3 + better with pain killers
- Irritation and inflammation of the eye
- Foreign body in the eye
- Ingrowing eyelashes
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes or floaters < 3 months with no loss of vision - no curtain across vision
- Recent change or distortion of vision > 48 hours with no pain

### MECS

Free NHS Eye Health Check service  
(Not an eyesight test service)

**CALL to book appointment for  
Assessment and Treatment**  
Ask for list of participating opticians

- Chemical eye injury /Burn (after first aid) + reduced vision +/- severe Pain
- Severe eye injury or High Velocity: wounds or bleeding or reduced vision
- Recent and sudden loss /change of vision (Resolved or not) <48 hours (+/- with pain or headache)
- Recent sudden double vision with/ without pain or headache < 2 weeks
- Recent eye Surgery < 2 weeks with significant sticky discharge or reduced vision or significant pain (Scale 1-5): (>3 + no better with pain killers/ Keeps patient awake at night)
- Severe ocular pain (Scale 1-5): (>3 + no better with pain killers/ Keeps patient awake at night) with reduced vision < 48 hours
- Acutely unwell adult or child with fever with swollen lids or reduced vision
- Flashes &/or Floaters < 2 weeks + rapid loss of vision &/or Poor vision in other eye &/or curtain across vision with loss of vision &/or Visual field loss &/or History of retinal detachment /tear in same or other eye &/or very short sighted

### Contact REI Urgent care Triage

01752 439330

Monday -Friday (phones open 08.30-18.00)  
Weekends + BH (phones open 09.00-13.00)

**Go to Derriford ED  
OR  
Local Emergency Department**

Outside REI opening hours  
+  
Xmas day



**Eye Problems?**

**Sore eyes?  
Red eyes?**

**Visual disturbance?**

**Book your FREE  
NHS appointment here**

