

Your Post Surgery Follow Up Appointment will be with your local optician

Following your operation today, your Surgeon has identified that you should have a follow up appointment with an Optometrist for a check-up and to prescribe the appropriate spectacles for your eyes. This appointment should be **6 weeks** after your operation date and will be with a Community Optometrist at a local opticians rather than having a further appointment in the hospital.

What you need to do now?

You do not need to do anything immediately.

You **MUST** contact your optometrist with your **PIN number**. The PIN number can be found on the letter you have been given for the Community Optometrist. You also **NEED** to take the letter with you to your appointment or you could be charged.

Please choose one of the Optician practices listed below and telephone them to organise your post-surgery follow up appointment for 6 weeks after your operation date. When making this appointment YOU MUST STATE that it is for your free cataract surgery follow up appointment or again you may be charged.

What will happen at the Optician practice?

When you visit the Community Optometrist, please give them the letter with the PIN number. Your eyes will be checked and you will be advised if you need spectacles or your existing prescription needs to be changed. The Optometrist will ensure that your outcomes are added to your hospital record and will advise you of any further actions that are needed.

What happens if I need new spectacles?

If the Community Optometrist has identified that you need spectacles a full eye test would be required. This could be done at the same time as your post-operative review or at optician's practice of your choice.

There is no charge for your post-surgery review if you bring the PIN number letter as proof, but you may need to pay for your sight test and any new glasses purchased.

What happens if I do not make this appointment?

This is an appointment following routine surgery, if you do not book or attend this appointment you will not be contacted by the hospital and your name will be removed from the waiting list.

Devon		
Angus McPhie Opticians	01822 612863	7 Market Street, Tavistock, PL19 0DA
Boots Opticians	01752 666546	Drake Circus, Plymouth, PL1 1EA
	01752 663320	30 Cornwall Street, Plymouth, PL1 1LRP
	01822 612609	5 Duke St, Tavistock, PL19 0BA
	01752 408137	The Broadway, Plymstock, Plymouth PL9 7AF
Centre for Eyecare Excellence	01752 583100	41 Gibbon Street, Plymouth, PL4 8BZ
Iconic Opticians	01752 415490	73 Cornwall Street, Plymouth, PL1 1NS
LA Gibson Optometrists	01752 403596	3 Radford Park Road, Plymstock, Plymouth, PL9 9DG
Newsome Opticians	01752 691107	8-10 Glanvilles Road, Ivybridge, PL21 9PS
	01752 881350	Market Street, Yealmpton, Devon, PL8 2EA
Noakes, Habermehl and Kerr Opticians	01752 892185	6 Fore Street, Ivybridge, PL21 9AB
	01752 345269	62 Ridgeway, Plympton, Plymouth, PL7 2AL
	01752 558911	8 Devonport Road, Stoke, Plymouth, PL3 4DH
	01752 772116	2 Meavy Way, Crownhill, Plymouth, PL5 3BW
Nigel Gainey Opticians	01752 366022	109 Victoria Road, St Budeaux, Plymouth, PL5 1RX
Specsavers	01822 619910	3 West Street, Tavistock, PL19 8AD
	01752 402241	9 - 41 The Broadway, Plymstock, Plymouth, PL9 7AF
	01752 253434	152 - 154 Armada Way, Plymouth, PL1 1LB
	01752 227084	Sainsbury's, Plymouth Rd, Plymouth, PL3 6RL
Vision Express	01752 253453	8 New George Street, Plymouth, PL1 1RL
	01822 612759	5 West Street, Tavistock, PL19 8AD
Cornwall		
Andrew Keirl Opticians	01579 346694	The Parade, Liskeard, PL14 6AF
LA Gibson Optometrists	01503 262054	Fore St, Looe, PL13 1DU
	01752 842026	125 Fore Street, Saltash, PL12 6AB
Noakes, Habermehl and Kerr Opticians	01752 847477	101 Fore Street, Saltash, PL12 6AE
	01579 382345	49 Fore Street, Callington, PL17 7AQ
Specsavers	01566 774354	11 Broad St, Launceston, PL15 8AJ
	01752 850120	27-29 Lower Fore St, Saltash, PL12 6AF
Thompson Opticians	01579 343348	4a Pike Street, Liskeard, PL14 3JE
	01503 262095	2 The Quay, West Looe, PL13 2BX
Vision Express	01566 775544	16 Church St, Launceston, PL15 8AP